**Vol. 64 Issue 43** 

**Davis-Monthan Air Force Base, Ariz.** 

Friday, Nov. 4, 2005





### Picking the perfect pumpkin ...

Isabella Montillano, daughter of Sharon and Staff Sgt. John Montillano, 355th Maintenance Operations Squadron, picks a pumpkin at the Family Child Care pumpkin patch Oct. 21. For more information on Halloween events around base, see Halloween Scary scenes from around the base, Page 10.

# Help for sexual assault victims available at D-M

**By 1st Lt. Beth Tucker** 355th Wing Public Affairs

One in three women in the military will be sexually assaulted, according to Air Force research.

Two new sources of help for Airmen who have been sexually assaulted are now available at Davis-Monthan.

In the last month, Airmen have viewed the Sexual Assault video produced by the Air Force. The story of one young woman and her experiences after being assaulted drives the lesson of every Airman's responsibility in preventing sexual assault. Getting information out about the crime is important in reducing the number of assaults. In the event someone is sexually assaulted, D-M and the Air Force want to ensure victims have the best resources available to them for help.

In addition to the Sexual Assault Response Coordinator, there are 17 Airmen who have volunteered and completed extensive training to provide help to other Airmen who have been assaulted.

See **SARC**, Page 3

# 355th SFS, MWDs prepare for annual K-9 Trial competition

By Senior Airman Brandy Dupper-Macy

355th Wing Public Affairs

The 355th Security Forces Squadron and Military Working Dogs are currently preparing for the 17th annual K-9 Trials held Nov. 11 through 13 in the Tucson area.

"We have three dogs entering the K-9 Trials," said Tech. Sgt. Bradley Guerry, 355th SFS MWD section NCO incharge.

"Senior Airman Dennis Luczak and

MWD Ali will compete in every event except explosive detection, Staff Sgt. Daniel Buzzard and MWD Rex will compete in all events except narcotic detection and Senior Airman Raymond Cota and MWD Eros will compete in every event except narcotic and explosive detection," said Staff Sgt. Andrew Esparza, 355th SFS MWD trainer and assistant NCO incharge.

The security forces teams will compete against several organizations throughout the nation at the K-9 Trials.

"It is hosted by the 355th SFS, Tucson Police Department, Pima County Sheriff's Department, U.S. Border Patrol and Tohono O'odham Police Department," Sergeant Guerry said. "There will be a total of 65 dog teams competing. Teams are from every branch of the military, several federal agencies and state, county and local law enforcement departments from around the nation."

These annual competitions help to better prepare the dog handlers and their dogs to respond to different missions stateside and overseas.

"It helps the trainer and dog team better accomplish the mission by trading ideas, training methods with other agencies, any problems or solutions encountered and it also motivates the handler to work more with his dog on certain areas he feels he lacks in comparison to other dogs such as basic obedience," Sergeant Esparza said.

"Basic obedience is the cornerstone

See SFS, Page 5

#### The Davis-Monthan Air Force Base timeline of hours as of Monday

|          |          |       | 1,510,000 | The Property of the Park of th |          |       |         |
|----------|----------|-------|-----------|--|----------|-------|---------|
| Squadron | Required | Flown | Annual    | Squadron   | Required | Flown | Annual  |
| 41st ECS | 145.0    | 68.5  | 1,590.0   | 162nd OSB  | 161.9    | 339.1 | 2,135.0 |
| 43rd ECS | 143.0    | 135.8 | 1,398.0   | 354th FS   | 1,181.3  | 220.2 | 8,998.0 |
| 55th RQS | 267.0    | 246.6 | 2,880.0   | 357th FS   | 838.2    | 724.4 | 8,998.0 |
| 79th RQS | 165.0    | 143.9 | 1,845.0   | 358th FS   | 2,064.2  | 661.8 | 9,134.0 |

#### Shoppette traffic flow to change

The Class Six Shoppette, located on the corner of Craycroft Road and Granite Street, will change to one-way traffic flow to reduce congestion in the parking lot. The change of traffic flow is scheduled to begin Nov. 14. Desert Airman COMMANDER'S CORNER Nov. 4, 2005

#### F-35 names

**Question:** I've heard that the F-35 is about to rollout for Air Force inventory and Airmen have the opportunity to submit names. How do we do that?

**Answer:** You are right, you do have the opportunity to make a name in history. The Air Force is looking for a name for the F-35,

which is scheduled

to rollout in August.

Part of the tradition of a new aircraft is to select a popular name to

be announced when the aircraft rolls out. The Joint Strike Fighter is planned to replace the fleet of F-16s and A-10s starting in 2012.

Submissions for popular names are being collected and will be sent to the Commander of Air Combat Command for the final list of three names for Air Force approval. Creative minds at D-M should submit their name ideas through their chain of command for group submissions to the 355th Wing.

The criteria for the names are:

◆ Names should be no more than two short words (including modifiers) and must be accompanied by a

short description

of its relevance.

◆ The names

◆ The names should characterize the mission and aircraft capabilities.

◆ Names cannot be previously used for aircraft, regardless of whether that aircraft is still in service. (Previously used air vehicle names owned by

modifiers).

◆ Names cannot be intellectual property or trademarked by a company other than Lockheed Martin.

Lockheed Martin may be used with

◆ If in doubt, submit the desired

name and allow the process to determine suitability.

Supporting each other and working together to provide the best programs and services is a goal for all D-M people.

Ideas, suggestions, comments, concerns and kudos are important to make improvements. The best way to pass along a comment or to get an answer to a concern is to contact the agency chief or functional managers.

Still no solution? The Commander's Corner phone line is 228-4747. An e-mail can also be sent to: <u>355thWing.Commanders Corner@dm.af.mil</u>.

Callers must leave their name, phone number and a message. They will receive a prompt reply in writing or by telephone. We will honor caller confidentiality, but sometimes we need to contact callers to gather additional information.

If a concern is of general interest to the base populace, the response may be published in the Desert Airman. Anonymous calls may not be published.



Photo by Airman 1st Class Veronica Pier

Lt. Gen. Mark Schmidt, 12th Air Force commander (left), presents a \$50,000 check to Col. Mike Spencer, 355th Wing commander. Davis-Monthan received this money for being selected as the runner-up for the Air Combat Command-level, 2005 Commander in Chief Installation Excellence Award. The money is to be used for improvements to quality-of-life projects at the base. The award was announced by Air Combat Command Oct. 21.

#### **Team D-M Mission Spotlight**

The mission of the Base Training and Education Services is to provide, operate and maintain cost-effective and high-quality training and education programs to support the overall mission of Air Combat Command, assigned Air Force units and the career and professional development of all assigned personnel.

This mission is accomplished through the management of 18 BTES programs and eight major processes.

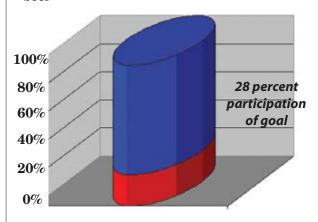
Nancy Lucas, Base Training and Education Services education technician, updates a bulletin board in the hallway near the BTES office in Building 3200.



Courtesy photo

#### **Contribution update**

The goal for the 2005 Combined Federal Campaign is for 2,972 people to participate. As of Monday, 832 participant's forms have been turned in.



#### Personnel Center announces Senior Developmental Education selectees

Congratulations to the the following majors who were selected from the P0505A lieuten-

ant colonel selection board for in-residence, senior-level schools:

Muriel Ramirez-Salas, United States Southern Air Forces,

David Clinton, 355th Training Squadron and Theresa Humphrey, 355th Maintenance Operations Squadron.

#### Ready to deploy ...

Davis-Monthan: 1,000

355th Wing: 690

(Approximate numbers as of Tuesday.)

The 355th Wing Public Affairs staff prepared all editorial content for the Desert Airman. The editor will or re-write material for clarity, brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101. Contributions for the  $\bf Des$ ert Airman can be made directly to the 355th Wing Public Affairs Office, Building 2300, Suite 2054, or through e-mail to desert.airman@dm.af.mil. The editor can be reached at 228-5714. Submission deadlines are Wednesday, nine days prior to publication date. If submissions are publishable, they run based on space available and priority. Unless otherwise noted, photographs are Air Force photos. The Desert Airman uses information from the Armed Forces Information Service, Air Force News Service, Air Combat Command and other sources. All advertising is handled by Aerotech News and Review, 456 East Ave. K-4, Suite 8, Lancaster, Calif. 93535; phone (520) 623-9321; e-mail diane@aero-az.com.



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# D-M Airmen go above, beyond

Most career fields in the Air Force have Career Development Courses that have an end-ofcourse exam requirement to earn higher skill levels.

While Airmen must score a 65 percent or above, these Airmen received a score of 90 percent or higher on their exams.

Congratulations to the following Airmen:

25th Operational Weather Squadron: Tech. Sgt. Allan Brandt; 43rd Electronic Combat Squadron: Airman 1st Class Brian Guriel; 355th Aircraft Maintenance Squadron: Airman 1st Class Erin Rodriguez, Airman 1st Class Nathan Tierney and Airman 1st Class Desirae Watters; 355th Civil Engineer Squadron:

Airman Wesley Smith and Airman 1st Class Jeffrey Huffman; 355th Component Maintenance Squadron: Airman 1st Class Israel Henthorn; 355th Communications Squadron: Airman 1st Class Carter Farthing, Airman 1st Class Wayman Kirkman, Airman 1st Class William Everett and Airman 1st Class Gabriel Morgan; 355th Equipment Maintenance Squadron: Staff Sgt. Alicia Coman; 355th Logistics Readiness Squadron: Airman 1st Class James Buckingham; 355th Operational Support Squadron: Airman Jeffrey Englebert; 355th Security Forces Squadron: Staff Sgt. Bridget Relestead, Senior Airman Rickie Roque and Airman Basic Ricardo Sena and 563rd Maintenance Squadron: Airman 1st Class Jared Kummerer.

# SARC

#### Continued from Page 1

The victim advocates' role is "to provide, support information, accompaniment, problem solving and crisis intervention," said Deborah Morrison, 355th Wing SARC.

The advocates are volunteers who undergo screening and 40 hours of Air Force training. These volunteers will use their training to help a victim through one-on-one support. Regardless of the reporting procedures the victims follow, an advocate will be available to them.

The advocates' training includes how to identify the boundaries of assistance they can provide and where to get professional help for victims.

"Clinical counseling, legal or investigative guidance will continue to be handled by the experts, but the advocates will be right there with the victim to help ease the process if that's what they need," Ms. Morrison said.

Whenever a sexual assault is reported to the SARC, whether restricted or unrestricted reporting, a victim's advocate will be assigned to that individual. The advocate will work with the victim as the victim requests throughout the entire process.

New advocates are always welcome to volunteer, Ms. Morrison said. "Volunteers must complete an application, an interview/selection process and an interview with the vice commander."

D-M is working toward a second addition to the Sexual Assault Program at D-M with a partner-ship with the Southern Arizona Center Against Sexual Assault.

"This partnership will allow Davis-Monthan to

#### For help or to volunteer ...

To report a sexual assault, or to volunteer to be a victim's advocate, the Sexual Assault Response Coordinator can be reached 24-hours-a-day, seven-days-a-week by calling 228-SARC (228-7272).

be part of the well-oiled machine that is the Tucson Sexual Assault Response System," said Lt. Col. Cassie Barlow, 355th Mission Support Squadron commander, who has been active in developing the Sexual Assault Program at Davis-Monthan in the past year.

The key in this partnership is continuing the help for Airmen outside the fence line.

"Our relationship is unique because we are in a large community with a lot of moving parts," Colonel Barlow said. "We're working with SACASA to alter the Tucson Sexual Assault Response system for the Air Force and Department of Defense and educate everyone in the system so they know what to do when an Airmen comes to them."

The mission of SACASA is "to reduce the trauma and incidence of sexual violence by providing treatment and promoting prevention of sexual abuse, incest, molestation and rape," according to their Web site, <u>www.sacasa.org</u>.

The physical and psychological effects for a person who has been sexually abused have been identified in countless examples and studies within and outside the Air Force. While education of what sexual assault is continues across the Air Force and Davis-Monthan, the help for any victim is available at any time.

590 Airmen were saved from the consequences of driving under the influence by the Airmen Against Drunk Driving Program since Dec. 31. Individuals interested in volunteering should contact Airman 1st Class Logan English, AADD scheduler, at 228-6674.

Call AADD at

850-2233

Friday and Saturday from 11 p.m. to 4 a.m. For more information regarding AADD, see the Web site <a href="https://aadd">https://aadd</a> on the D-M intranet.

# **News Notes**

#### **New finance hours of operation**

The 355th Comptroller Squadron new hours of operation are Monday through Friday from 8 a.m. to 3 p.m.

#### **Base Legal Office closure**

The Base Legal Office will be closed today for Leadership Training. Attorney Legal Assistance and walk-ins for power of attorneys and notary service will be available Nov. 7.

#### **TFL briefings Nov. 10**

TRICARE For Life Briefings are scheduled Thursday at 9 a.m. and 1 p.m. at the Davis-Monthan Community Center, located at 3775 S. 5th St., Building 4201. The TFL briefings are open to individuals who receive TRICARE who are more than 65 years. For more information, contact Barbara West at 228-2634.

#### New housing area off limits

The Palo Verde housing area that is currently under construction is off limits to visitors. This area is off limits because it is a hard-hat area. Please do not venture into this area while it is under construction. For more information or to ask questions, contact the housing office at 228-3467 or 228-6609.

#### **MFH RV Storage Lot**

The Military Family Housing Recreational Vehicle Storage Lot has been transferred to the 355th Services Squadron. Individuals who have property at this lot need to check to see if there is a tag attached to their property. If there is a tag, the individual must see the housing office as soon as possible. If individuals do not respond by Thursday, the property will be disposed of. For more information, contact the housing office at 228-3687.

#### Heating to be turned on

The heating for dorms and work areas is scheduled to be turned on Nov. 14.

# ACC squadron commander results

Congratulations to the following lieutenant colonels who were selected for squadron commander from Air Combat Commands selection board:

12th Air Force: Danny Wolf; 41st Electronic Combat Squadron: Patrick Keenan; 43rd Electronic Combat Squadron: Douglas Roth; 55th Electronic Combat Group: James Hanscom; 354th Fighter Squadron: Francis McDonough; 355th Wing: Scott Stark and John Massee 357th Fighter Squadron: Kevin Anderson and 755th Operations Support Squadron: Stephen Miller.

# **Mission Oriented Protective Postures**



MOPP Level 0
Worn: mask carrier and
field gear (web belt with canteen
and helmet)



MOPP Level 1
Worn: overgarments, protective mask carrier and field gear
Carried: overboots, gloves and protective mask



MOPP Level 2
Worn: overboots, overgarments, protective mask carrier and field gear
Carried: gloves and protective mask

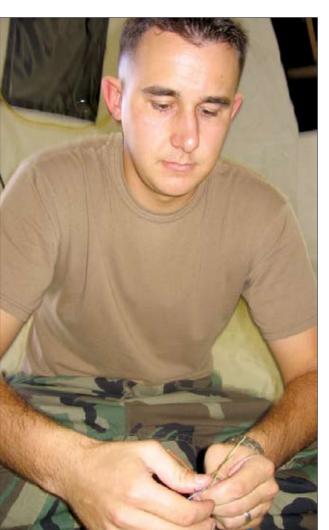


MOPP Level 3
Worn: protective mask with
hood, overboots, overgarments,
protective mask carrier and field
gear
Carried: gloves



MOPP Level 4
Worn: gloves, protective mask with hood, overboots, overgarments, protective mask carrier and field gear

# EXERCISE ... EXERCISE ... EXERCISE ... Desert Lightning City helps prepare Airmen to deploy



**Story and photo by Airman 1st Class Clark Staehle** *355th Wing Public Affairs* 

A new facility at Davis-Monthan, built to replicate deployed locations as closely as possible, will help Airmen prepare to deploy when called and fight when ordered.

"(Desert Lightning City) provides an area for realistic training for many of the deployed environments overseas, like a desert environment, where most of our folks are deploying right now," said Capt. Brian Littlejohn, 355th Civil Engineer Squadron and DLC project manager. "The impact is to provide the wing tremendous capability to test, enhance and develop core combat competency skills for the (Global War on Terror) mission."

In the past, Operational Readiness Exercises were simulated inside brick buildings and windowless rooms. Desert Lightning City will replicate what Airmen may encounter in real-world scenerios.

"(Desert Lightning City) is almost like a deployed location — we're about as close as you can get to being deployed with what we have

Senior Airman Andrew Brown, 355th Civil Engineer Squadron, terminates Category Six lines for the upcoming Phase II Operational Readiness Exercise scheduled to run Sunday through Thursday. The 355th CES run lines to set up a secure network.

set up," said Master Sgt. Kevin Herre, 355th Wing Inspections and Plans NCO in charge of exercise plans and a Desert Lightning City coordinator.

The advent of DLC also tests Airmen's skill and knowledge.

Airmen participating in OREs at DLC will have their training tested through simulated unexploded ordnance identification, mission oriented protective posture drills, rocket and chemical attacks and more, Sergeant Herre said.

Many units have worked for the better part of a year to develop such a facility.

"The site includes more than 40 tents mounted in cement pads and staging areas for each squadron participating," Sergeant Herre said.

Though the civil engineer squadron was responsible for setting up the tents, many units around base have been very proactive in assisting and allowing them to hone their skills.

Desert Lightning City has been set up to accommodate electricity and communications equipment, though both must be set up by units participating in the exercise.

Airmen will eat and sleep at the DLC in future OREs.

"For (the upcoming) exercise, we'll be in 12-hour shifts, but when we start going to 24hour shifts, it's going to be as close as you can get to the real world," Sergeant Herre said.

# SFS

#### Continued from Page 1

of all training," Sergeant Esparza said.
"If your dog does not listen to you or he
is not obedient to you in any way, he
will not do anything else you ask."

The MWD team (dog and handler) can compete in 11 events including: detection of drugs, detection of explosives, building search, area search, agility (obstacle course), handler protection, top agency, top detection agency, tactical obedience, top dog in patrol and top dog dual purpose (detection and patrol).

"The competition is important because it is a great way to exchange knowledge between agencies and is a great way of building comaraderie between all Department of Defense and civilian counterparts," Sergeant Esparza said. "The K-9 Trials show off a dogs strong and weak points as well as show the amount of discipline each team has worked hard to achieve compared to other dog's. The tournament not only tests training, brains and brawn, but also the bond between man and animal."

The winners of the competitions in each category who place in the top five will win trophies.

With prizes to win, Airman Cota, a MWD handler, sends the competitors a positive message.

"I'd like to wish everyone the best of luck and may the best team win," he said.

In addition to the training gained and prizes to win, the competition also helps to benefit different charities.

"Exchanging knowledge and friendly competition is not the only reason the K-9 trials are held every year. The main reason is to raise money for two important charities," Sergeant Esparza said. "Casa de Los Ninos and the Ronald McDonald House receive about 85 percent of what is raised during the competition with the other 15 percent going toward next year's competition."

During the last day of competition, the Davis-Monthan community is invited to watch the MWD teams in action and show support.

"The last day of the competition will be begin at 9 a.m. at Hi-Corbett Field," Sergeant Guerry said. "This is a free event for anyone who wants to attend."

"The events available for viewing are agility, tactical obedience and handler protection," Sergeant Esparza said.

"It is a unique opportunity to see what the K-9 side of law enforcement is all about," said Sergeant Buzzard.

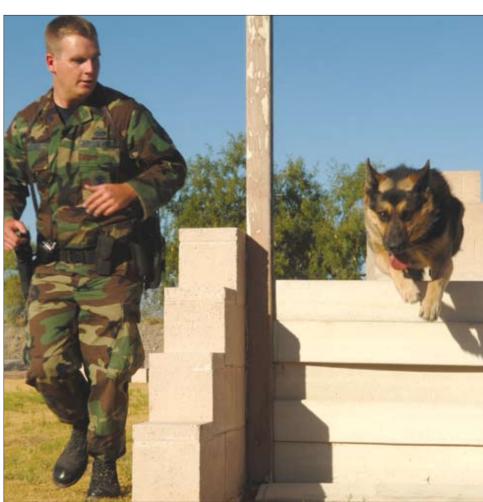


Photo by Staff Sgt. Lanie McNe

Staff Sgt. Daniel Buzzard, 355th Security Forces Squadron, and Military Working Dog Rex, practice at the Davis-Monthan Air Force Base obstacle course. Sergeant Buzzard and MWD Rex have been working together for two years. They are practicing for the upcoming K-9 Trials scheduled Nov. 11 through 13 in the local area.

# 386th AEW supports Pakistan relief efforts

A five-person CS team helps after earthquake in Southwest Asia

By Capt. Michael G. Johnson

386th Air Expeditionary Wing Public Affairs

**SOUTHWEST ASIA** — Five members of the 386th Expeditionary Communications Squadron forward deployed Oct. 14 in support of the Pakistani-led earthquake relief op-

The team will establish communications with the United States and in-country for relief workers.

"I want you guys to focus on whatever they have you doing there, just try and keep in touch with us back here so we know how things are going down there," said Chief Master Sgt. Kenneth Longacre, squadron superintendent. Chief Longacre is deployed from Cannon Air Force Base, N.M.

With final instructions complete, Tech. Sgt. Jason Miller, deployed from Ramstein Air Base, Germany, Staff



Staff Sqt. Jonathan Graham and Airman 1st Class Joseph Cachaper inspect their bags one last time before departure. The Airmen are part of a five-person team assigned to the 386th Expeditionary Communication Squadron and forward deployed to Pakistan in support of ongoing earthquake relief efforts. Sergeant Graham is currently deployed from the 355th Communications Squadron at Davis-Monthan Air Force Base.

Sgt. Jonathan Graham, deployed from Davis-Monthan Air Force base, Senior Airmen Jason Cockroft, Senior Airman Joshua Ferguson and Airman 1st Class Joseph Cachaper, all deployed from Elmendorf Air Force Base, Alaska, climbed aboard a C-130 and began the journey to Pakistan.

"This is an opportunity to help. [The] opportunity to be able to help is enough," Airman Ferguson said, network management specialist.

"I think it's important for people to realize that we're not just here to police the world, we're here to help too," Staff Sgt. Graham said.

All five Airmen volunteered for the humanitarian mission.

"You'd want them to be able to help you [if the shoe were on the other foot]," said Tech. Sgt. Miller, a cable antenna maintenance specialist.

They were first notified of the mission when higher headquarters called asking about the squadron's availability after.

"My initial concern was how to support our mission here [while supporting the Pakistani relief effort]," said Maj. Brett Scarborough, 386th ECS commander. The unit put together a cross functional team that will be able to cover several tasks in Pakistan. With the forward deployment of five communications specialists, 386 ECS members will see an increase in workload; however they are up to the challenge.

"Everybody's willing to step up. The folks here are really talented and able to step into any environment, adapt and overcome," the major

# 732nd EMSG helps support those outside Balad

Story and photo by Staff Sgt. Tammie Moore 332nd AEW Public Affairs

**BALAD AIR BASE, Iraq** — The 732nd Expeditionary Mission Support Group Personnel Support for Contingency Operation team has a unique mission here — to account for Airmen who fill Army and Marine billets.

Although the majority of these In Lieu of Forces Airmen are geographically separated from Balad Air Base, they must be in-processed, which is where this rare PERSCO team comes into the picture.

"We support 30 forward locations and more than 1,000 Airmen assigned to the wing who work outside of Balad Air Base," said Capt. Liza Theriault, 732nd EMSG PERSCO team chief, who is currently deployed from Davis-Monthan. These Airmen are stationed across Iraq and Kuwait.

To support In Lieu of Forces, the PERSCO office is manned 18-hours a day and an Airman is on standby 24-hours a day.

When the geographically-separated Airmen arrive in the theater, the 732nd EMSG PERSCO team is responsible for ensuring they are in-processed and their personnel needs are met.

"We send someone from our base to forward deployed locations to in-process our people when they arrive," said Master Sgt. Monte Muxfeldt, 732nd EMSG PERSCO superintendent, who is currently deployed from D-M.

"We are the only Air Force PERSCO team authorized to go outside of the wire," Captain Theriault

Because of the unique mission requirements of this PERSCO office, the team members had to go through numerous training classes before deploying.

"We received convoy, Manpower and Personnel Base Level System and PERSCO training before coming here," Sergeant Muxfeldt said. The team members also deployed to Silver Flag at Tyndall Air Force Base, Florida, which provided the team bare-base operations training.

In addition to in-processing In Lieu of Forces, the team offers liaison work, data-base support and emergency support assistance.

"In emergency situations we work with the Red Cross to get members home," Captain Theriault said. "Whenever we get a Red Cross notification, we work the emergency leave order. Anyone who is placed on emergency leave receives precedence to leave the area of responsibility. We can normally get individuals outside of Iraq in 12 hours depending on air flow."

Though working at the 732nd EMSG may be more demanding than working for other deployed PERSCO offices, members of the team would have

"It means a lot to our team to be here supporting the Airmen filling In Lieu of Forces slots," Sergeant Muxfeldt said. "This is a very unique opportunity for us and we are glad to be here accomplishing this part of the mission."



(Left to right) Master Sgt. Hayden Pickett, 732nd Expeditionary Security Forces Squadron first sergeant, reviews a personnel record with Staff Sqt. Jenna Marks and Master Sgt. Monte Muxfeldt, both from the 732nd Expeditionary Mission Support Group. Sergeant Marks and Sergeant Muxfeldt are currently deployed from D-M.

Nov. 4, 2005 Desert Airman

7



The following are some of the incidents the 355th Security Forces Squadron handled for the period of Oct. 14 through 27.

#### Damage to government property

A civilian notified the Security Forces Control Center a vehicle had struck the Wilmot Road gate causing significant damage. Security forces investigation revealed a witness observed the vehicle approach the gate and did not appear to slow prior to striking the gate. The vehicle departed the scene at a high rate of speed. The witness was able to obtain the suspect vehicles license plate number. The plate number was provided to the Tucson Police Department and Office of Special Investigations. The investigation is on going.

#### Damage to private property

An airman first class assigned to the 355th Component Maintenance Squadron reported damage to her vehicle. Security forces investigation revealed unknown person(s) had scratched a figure in the shape of a heart on her vehicle.

#### Domestic disturbance: assault

The SFCC received a phone call from a retired member who stated a domestic disturbance was occurring at the FAM Camp. Security forces arrived on scene and the spouse of a retired master sergeant reported her husband had physically assaulted her and then departed the FAM Camp area. Security forces initiated sector sweeps and located the subject within the parking lot of the Main Exchange. Tucson Police were notified and they arrested the subject for domestic violence.

#### Domestic violence: assault

A female dependent called the SFCC and reported her spouse, an airman first class assigned to 355th Operations Support Squadron, had assaulted her. Security forces investigation revealed the spouse and her sponsor had been involved in a verbal altercation, which escalated into physical contact. Tucson Police were notified and they arrested the airman for domestic violence.

#### **Driving under suspension**

The SFCC received an anonymous call stating a technical sergeant assigned to the 162nd Maintenance Group was operating a vehicle on a suspended license, while the sergeant was proceeding toward the Craycroft Road Gate, security forces stopped the vehicle. Investigation revealed the sergeant had his license suspended and base driving privileges revoked for driving under the influence. The sergeant was detained and transported to the SFCC for processing.

#### Patrol response: civilian DUI

A security forces gate guard notified the SFCC they observed a vehicle approach the Visitor Cen-

ter parking lot, cross the curb and strike a yield sign, dislodging the sign from the ground. Security forces engaged the barrier system preventing the vehicle from entering the installation. Security forces patrols arrived on scene, detected a strong odor of alcohol and slurred speech from the vehicle driver. Investigation revealed the subject was an Army recruit on delayed enlistment orders. Tucson Police and security forces conducted field sobriety test on the subject, which she failed. Tucson Police conducted a breath analysis with a blood alcohol content result of .136. The subject was arrested for DUI.

#### **Tickets issued**

(Oct. 15 through 27)

- ♦ Speeding: 23 issued
- ◆ Use of cell phone while operating a vehicle: three issued
- ◆ Failure to stop at posted signs: 21 issued
- ◆ Expired registration: three issued
- ◆ Failure to provide proof of insurance: two issued



# Volunteers assist task force by getting scary

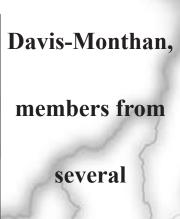


Senior Airman Melanie Levitz, 354th Fighter Squadron, reaches out to scare passersby to help raise money for the Underage Drinking Task Force Monday.

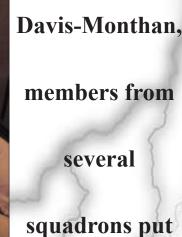
In an effort to raise money for the Underage

**Drinking Task** 

Force at













Staff Sgt. Ryan Schnyders (psycho) Senior Airman Derek Manner (mad doctor), Senior Airman Rachel Waszak, and Airman 1st Class Joleen Clapp assigned to the 355th Logistics Readiness Squadron act out a horrific scene from a mental institution.



Airman 1st Class Jesse Shipps, 355th Communications Squadron, prepares to frighten his next victim.



Staff Sgt. Ryan Schnyders, Senior Airman Derek Manner (victim),

Senior Airman Rachel Waszak, and Airman 1st Class Joleen Clapp

assigned to the 355th Logistics Readiness Squadron, work together

to "save" Airman Manner's life.

Lt. Col. Allen Hansen, 55th Electronic Combat Group, scares people as they enter the haunted house.



Master Sgt. Dayne Taylor, 355th Mission Support Squadron, puts on his scariest face for the next set of victims.

Nov. 4, 2005 Desert Airman 11

# Age makes no difference for fighting nation's war

By Col. Dave Sammons

55th Electronic Combat Group commander

For years, generations of twenty-somethings have been labeled with different monikers; the Baby Boomers (born between 1946 and 1964), Generation Xers (born between 1964 and 1979) and the Millineals (born between 1979 and 1994).

In the summer of 2005, an Associated Press article written by national writer Martha Irvine redesignated today's generation of twenty-somethings as the "Entitlement Generation."

Her Chicagoan article expressed a viewpoint that generalized today's young workforce as "one with shockingly high expectations for salary, job flexibility and duties, but little willingness to take on grunt work or remain loyal to a company."

Ms. Irvine's assertions are even more off base when applied to the Sailors, Soldiers, Marines and Airmen found in the younger echelons of the officer and enlisted corps of today's military workforce.

The basis for my rejection of Ms. Irvine's thesis is derived from my own personal experience in working side-by-side with the twenty-somethings of the 55th Electronic Combat Group at Davis-Monthan Air Force Base.

The "young-uns" of the COMPASS CALL group escape the entitled-generation characterization

**Duty.** Patricia Breakey is another writer ("Entitlement Generation Expects It All") who subscribes to the general notion that the younger workforce has different goals and attitudes predominated by "how much time they have to work to get more time off."

Not unlike the rest of the United States Air Force, the "kidployees" in the COMPASS CALL community earn a modest paycheck oftentimes working 10 to 12-hour workdays committed to the core values of Integrity First, Service Before Self and Excellence in All We Do. Like many low-density, high-demand weapons systems in the

Air Force, COMPASS CALL has been deployed at a max surge Global Military Force Posture rate for 17 successive months supporting wars in Iraq and Afghanistan.

Many of these folks have been deployed greater than 215 days away from family and loved ones. Some are on their fourth rotations while others in critically manned Air Force Specialty Codes, such as linguists, are having a difficult time using their authorized 30 days of annual leave.

They do their jobs without complaint and they do it with great professionalism and a sense of pride. Common ground can be found between myself and sociologists like Kevin Price who claim the twenty-somethings possess a unique, technological knowledge based on their frequent use of the internet, computers, cell phones and palm pilots.

COMPASS CALL is heavily dependent on techno-savvy maintainers and operators who remain fiercely committed to the Air Force mission. These folks remain loyal to the Air Force despite having highly-marketable skills, which could command higher compensation in the business world. They also remain loyal while faced with a staggering high operations tempo coupled with the risks associated with combat operations. Any dispute otherwise is simply false.

**Honor**. In another article titled "Younger Workers Expect Too Much," a writer states the newer "generation expects everything right away on the job rather than pay their dues."

In May 2005, COMPASS CALL hosted a dining-out honoring the duty and sacrifice of Tucson Army Private First Class Sam Huff, who lost her life when an improvised explosive device ripped through the humvee she was driving in.

However horrible this tragic death may be, we all know we may be called upon to offer and give our life in the defense of our nation.

**Country**. My greatest difficulty with the entitled-generation diatribe is with the lack of loyalty to "the company" as it may pertain to the

military workforce. There is no greater loyalty bestowed on "the company" than that of the U.S. military.

When Hurricane Katrina decimated the Gulf Coast region, who was called to bring chaos to calm? Military members of the Guard, Reserve and active duty — that's who; many of them having just returned from overseas deployments in Iraq and Afghanistan. Everyone serving in the U.S. military is sworn to the same promise or oath that "I will support and defend the Constitution of the United States against all enemies ..."

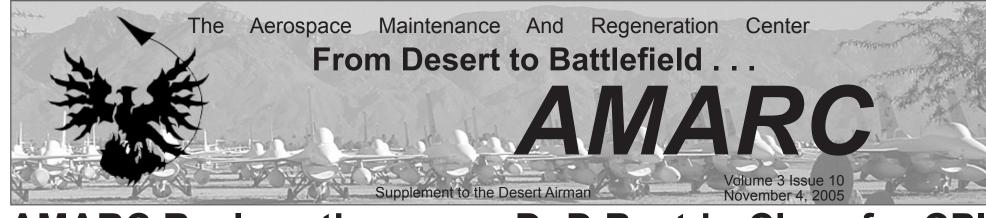
The World War II generation was known as the "Great Hero Generation" that came of age when our country was facing a huge crisis. Today our country is faced with a similar crisis battling an ideology that threatens our way of life.

COMPASS CALL has flown over 6,000 combat hours shadowing the "grunt work" conducted by 130,000 Americans in Iraq and Afghanistan. Volunteering to serve one's country and the willingness to leave one's family and face a war on terror in foreign places is the very definition of "paying one's dues." After all, liberty is a gift to all Americans that is not given by the politicians, the press, the demonstrators; it is a gift given by the sacrifice of the Soldier.

All over the world people long for what we have, for what the men and women in uniform defend; liberty, democracy and a future without fear

We must win this war, and win we will on the backs of the techno-savvy twenty-something loyalists that are not afraid to get dirty.

Unlike generations in the past, these so-called "entitlement kids" did not join the military because the economy was just coming out of a depression, nor were they drafted as many in the past were. These kids chose to serve their country. They stood up, took the oath and proudly serve us all. I think they are all heroes making up the next hero generation.



# AMARC Reclamation earns DoD Best-in-Class for CPI

**By Rob Raine**AMARC Public Affairs

Air Force Headquarters recognized the Aerospace Maintenance and Regeneration Center (AMARC) Reclamation Team for LEAN Continuous Process

Improvement (CPI). The Honorable P. Jackson Bell, Deputy Under Secretary of Defense for Logistics and Materiel Readiness, presented the award to AMARC Commander, Col Tony Panek, Lynne Avant from shipping and Rafael "Ray" Narvaez from reclamation who represented the AMARC team at the 2005 Department of Defense Maintenance Symposium and Exhibition in Birmingham, Ala. last week.

"It is my distinct pleasure to announce the

organizations that have been selected for recognition," Lt. Gen. Donald J. Wetekam, Deputy Chief of Staff



Raymond Wharton prepares reclaimed parts for shipment.



The Honorable P. Jackson Bell presents AMARC Commander Tony Panek, Lynne Avant and Ray Narvaez with the DoD Best-in-Class recognition at the 2005 Maintenance Symposium

10.2 days.

for Installations and Logistics, Headquarters U.S. Air Force, Washington, D.C, said in a message to Col Panek. "These units represent the best in class for lean process improvement implementation."

During fiscal years 2004 and 2005, the AMARC team reclaimed nearly 42,000 aircraft parts valued at \$1.257 billion, in direct support of American and

allied warfighters. Because AMARC often represents the only source of parts for older weapons systems, a swift and efficient flow from parts-request-to-shipment is essential to warfighter sustainment. "AMARC highlighted the changes and improvement in the reclamation process for this nomination," said Col Panek. "I'm very proud how the men and women of AMARC have played an active role in the LEAN teams to come up with the ideas and recommendations to achieve these types of improvements and savings."

a 75percent reduced uction reduced time. Likewise, they reduced parts

S o m e highlights from the Center's award package included a reduction in processing time to an average of less than 24 hours from the time the customer requests a part or parts until the time AMARC ships the part for Pacing MICAPS and JCS coded parts.

Through
continuous
process
improvement, the
AMARC team
shipped over 35

percent of all Priority 1-3 parts in less than 48 hours; prior to the event, fewer than 10 percent shipped in 48 hours and the average was

Further, the Center reduced parts reclamation time for Priority 4-8 parts



Leo Moore detaches the "bathtub" from the belly of a KC-135 tanker. The fuselage section returned to service as a training simulator for air-to-air refueling technicians.

a 75percent reduction in customer lead time. Likewise, they reduced parts reclamation time required for Priority 9-15 from 22 days to 5.8 days, a 74 percent reduction in customer lead time.

During the nomination window, the AMARC team returned 10,600 Priority 1-15



Garrett Bohne reclaims parts from a Navy F-18 Hornet.

parts valued at over \$267M, and 4,800 "save list" parts (parts identified by item managers as critical parts) valued at \$177M to air logistic centers, item managers, the supply chain, and other DoD customers.

In keeping safety as an essential element of mission accomplishment, the team reduced safety mishaps (first aid, lost days, definitive care) from 11 in FY04 to 1 (year-to-date) for FY05.

"We are now raising the bar a few notches

higher and I'm looking forward to our future successes," Col Panek said in congratulating the AMARC team.

"I want to echo Col Panek's congratulations," said AMARC Center Director Sam Malone. "The improvement in reclamation has been outstanding with the customer clearly in their focus."

Both Col Panek and Mr. Malone identified the improvement in numerous

work centers, production support and administrative functions, as evidence of how the AMARC team has embraced process improvement.

"Our willingness to challenge the status quo and make positive change for the Air Force will keep AMARC as a critical supplier of products and services to the warfighter," said Mr. Malone. "Great job reclamation team and great job AMARC."

"Earning an award is great but what this award highlights is that AMARC is doing its mission and doing it well...in this case getting parts to the warfighter in a timely manner," said Col Panek. "Way to go AMARC!"

# Safety: wise policy for ALL Airmen

Col Tony Panek, AMARC Commander

As Air Force Airmen, we face a challenging environment in terms of safety. For that reason, our best defense against mishaps is to embrace an attitude that safety is everyone's responsibility, and must



be a priority as we approach all tasks.

AMARC is an industrial environment in which our work is inherently dangerous. Mistakes can be unforgiving. As members of the United States Air Force and the AMARC Team, we all have a responsibility to the warfighters, our taxpayers, our fellow employees, and to our families to operate in a safe and prudent manner.

I believe all Airmen throughout the Air Force have this same responsibility whether working in a specialized Center such as AMARC, on the flight line or in the maintenance hangars at Davis-Monthan, or forward deployed wherever our Nation's security demands an Air Force presence. Safety must go along with us.

I challenge you to be vigilant and work safely with an eye toward your task and that of your co-worker. I hope all Directors and Supervisors will emphasize and continue to press for strong ground safety practices. And not only at work, but during off duty hours as well. Air Force-wide we lose more fellow workers, friends, and family members to absolutely preventable motorcycle, automobile, recreation and home accidents than we do

High ops-tempo defines today's Air Force. Fatigue and complacency represent serious problems for all of us in this new "norm." Just driving to and from our duty station can be a challenge as drivers jockey for position on morning-rush roads, juggle coffee or a snack, and (off-base) try to carry on cell phone conversations with less than an eye to the traffic around them.

We train as we intend to fight. Let's practice safety as we intend to live.

At AMARC, I expect mishap prevention and risk management to be practiced and implemented at all levels within the Center. I challenge everyone who reads the Desert Airman to do the same. Use personal and operational risk management techniques every day, make it an automatic part of your decision making at home and at work. Working safely together we can continue to support the freedom and security for the United States that the taxpayers deserve, and that our children have a right to inherit.



Shortly after arriving at AMARC in April 2005, C-141 65-0248 went into a holding pattern pending designation as a museum aircraft. Once approved for display at the Museum of Aviation at Robins AFB, Ga., an AMARC team including representatives from receiving, financial management and workloading joined four WR/ ALC personnel to inspect, service, refuel, escort, tow and prepare the aircraft for departure in June.

Kenneth Purcell, 402d Maintenance Wing Center Director expressed his sincere appreciation for the outstanding support provided by the men and women of AMARC in preparing the C-141 for display. Being the last C-141 to complete depot maintenance at Robins, it will represent hundreds of other C-141s worked on by thousands of civilian and military workers over the past 40 years at

AMARC Commander, Col Tony Panek, thanked the AMARC team for their dedication. 'Keep up the good work!" he said.

Advertisements contained herein do not constitute an endorsement by the Department of Defense, Department of the Air Force, or AMARC. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

November 4, 2005 AMARC

# Flight Test: certifying AMARC aircraft to fly

By Rob Raine AMARC Public Affairs

AMARC maintains and regenerates aircraft, two of five key elements in the Center's mission. Historically about 21 percent of aircraft stored at AMARC fly again. But aircraft regeneration, such as that accomplished on F-4s for the full-scale aerial target program, and P-3 Orions currently being regenerated under

the foreign military sales program don't leave the Center until they have been certified airworthy. Likewise, A-10s maintained under the service life extension program must demonstrate an ability to fly safely and accomplish their mission before they return to the operational fleet.

Accomplishing that squadron-sized mission falls to the three-member AMARC Flight Test Team, Air Force Reserve Lt Col Jon Wendell, Mr. Rick Nelson, and Mr. Rene Martinez.

"Rene is the weight and balance authority for all AMARC aircraft," Lt Col Wendell said. "Rick is also a weight and balance qualified technician. On all return-to-fly aircraft they either weigh each aircraft and do the balance calculations, or make sure the aircraft weight and balance records are accurate."

Lt Col Wendell and Mr. Nelson fly all the

AMARC-regenerated

"We're the crash test

dummies in the sky," Lt

The FCF profile for F-4s

includes a Mach, usually

in excess of 1.5 times

the speed of sound, and

F-4s and RF-4s.

Col Wendell said.



"We're the crash test dummies in the sky..." Lt Col Wendell and Mr. Nelson prepare an F-4 for flight.

prepare an F-4 for flight.

Because the regenerated F-4s have not flown for 1215 years, having two people in the aircraft during the test

missions is essential, according to Lt Col Wendell.

An invaluable member of the team, Mr. Nelson has access to important circuit breakers and switches that the pilot does not have in front. Additionally he runs through critical checklists when Lt Col Wendell has his hands full flying the aircraft during in-flight emergencies.

"Rick is the last F-4 back-seater (GIB - Guy in Back, pitter, WSO or Weapon Systems Operator) still flying F-4s in the entire USAF," said Lt Col Wendell, who is, himself one of only two pilots in the entire USAF qualified in the F-4 Functional Check Flight (FCF) mission. Only about



Tregenerateur 3 our er tane off ron

6 military and 6 civilian pilots still fly the F-4.

In addition to the F-4s, AMARC's Flight Test Team also coordinates functional check flights (FCF) for other aircraft regenerated by the Center including P-3s and A-10s. Several FCF-certified pilots from 355<sup>th</sup> Wing perform the test flights on A-10s as those aircraft complete their service life extensions. P-3 pilots usually come from Naval Air Station Jacksonville, Fla.

No matter the aircraft type, the Flight Test Team coordinates for qualified FCF crews from around the country to fly the check flights. They ensure guest flight crews have appropriate qualifications for the mission, provide them with a local area and mission profile briefing, make available required local maps and flying aids, and help with their flight plans.

They also coordinate delivery of regenerated aircraft. They deliver F-4s in the full-scale aerial target program from AMARC to BAE systems in Mojave, Calif., for installation of their radio-control package. P-3s destined for foreign military sale complete their FCFs and then fly the aircraft to Greenville, Texas, according to Tim Horn, director of the Navy Field Service Office at AMARC. Once at Greenville the Orions undergo additional upgrades from L-3 Corp to meet customer specifications.

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# Sonoran Spotlight

This week's Sonoran Spotlight is Tech. Sgt. James Demarah, who is assigned to the 355th Aerospace Medicine Squadron. Sergeant Dema-

rah works in human performance enchancement. According to his supervisor, 1st Lt. Amy Weaton, he was nominated for the spotlight because "his high motivation, enthusiasm and steadfast dedication to the mission have been integral to getting this program on track."

The following are Sergeant Demarah's responses to a variety of questions.

Nov. 4, 2005

Job responsibilities: I'm part of a two-person team focusing on human performance enhancement. I present topics to base personnel on human factors in the work place, such as fatigue, situational awareness and nutrition. Best aspects of the job: I get to visit numerous work centers and observe

many Air Force specialties first hand. Career goals: I am awaiting results for the commissioning board in aerospace physiology. I also want to pursue a masters

Hobbies, outside activities: I enjoy working in the deaf community as a sign language interpreter. I also enjoy going to movies, bowling, traveling and relaxing on the weekends.

degree in management/human resources.

What do you like about D-M? I enjoy the U-2 static display by the main gate because it reminds me of one of the best physiology jobs in the Air Force.

What has been your best assignment and why? All my assignments have been awesome because I was promoted at each one. I've had great supervisors and mentors who have helped me along the way.



(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a

member — officer, enlisted or civilian — of Davis-Monthan Air Force Base.)

Photo by Airman 1st Class Clark Stael

# Chief's Group November **Sharp Troop Awards**

Congratulations to the following Airmen selected for the Chief's Group Sharp Troop Award:

**43rd Electronic Combat Squadron:** Tech. Sgt. Angela James; 355th Aircraft Maintenance Squadron: Airman 1st Class Earlene Kindley and Airman 1st Class James Honeycutt;

355th Equipment Maintenance Squadron:

Airman Amanda Johnson; 355th Logistics Readiness Squadron Staff Sgt. Rudy Moreno; 355th Maintenance Operations Squadron: Staff Sgt. Kacie Esparza; 355th Medical Support Squadron Senior Airman Covito Redman and 563rd Rescue Group Tech. Sgt. James Hughes, IV.

### **Final Answer**



Staff Sgt. Rashid Malcom-Tilman 55th Rescue Squadron

"Intergrity. If you can be trusted, then your co-workers know you have their back."



Tech. Sgt. Hernan Grajeda 355th Security Forces Squadron

"In security forces, it's important to carry over your family values. People who have them excel in the Air Force."



**Staff Sgt. Zabrina Dismuke**355th Maintenance Operations Squadron

"Initiative, because if they have that, you don't have to worry about them doing their job without your supervision."



Senior Airman Stephani Brabant 355th Medical Group

"Responsibility. I think you should have responsibility for your own actions. That way, they don't have to babysit you so much."



What is the best trait an Airman can have?

**Capt. Brian Ballew**55th Electronic Combat
Group

"Integrity. You have to be able to count on the people you're working with."



**Tech. Sgt. Sandra McDonald**355th Logistics
Readiness Squadron

"It's important for a troop to have good communication skills."

# Volunteer opportunity

#### **Boys and Girls Club**

The Boys and Girls Club of Tucson is looking for 30 volunteers to help with the 25th annual holiday auction held at La Paloma Resort and Spa. The event will be held

Nov. 26 from 4:45 p.m. to 1 a.m.

Volunteers are needed to help with security and manning of the silent auction.

The auction is the club's way of raising funds that are needed to

operate five club houses in the Tucson area.

For more information or to volunteer, contact Kathy Carlson at 202-2400 or send an e-mail to kathy.carlson@mvpg.com.

Nov. 4, 2005 Desert Airman 15

# Celebrating Native American History Month

#### **By Capt. Tony Wickman**

Alaskan Command Public Affairs

#### Across

- 1. Wear out
- 5. Stork like wading birds
- 9. Clock in at work
- 11. Soul
- 13. Unblemished meal
- 14. So soon
- 16. Iron or Industrial
- 17. Endeavored
- 19. War from 1914-1918, in short
- 20. Horse doc
- 21. Native American people formerly inhabiting U.S.
- Southwest
- 22. Quick rest
- 23. Messy one
- 25. Native American people formerly inhabiting U.S. Southeast
- 28. MDs workplaces
- 29. Native American people inhabiting U.S. Southwest and Mexico
- 31. Attacked
- 33. USAF intel org.
- 34. Hockey great Bobby
- 35. Custard filled pastry

- 38. Perspires
- 41. Burn residue
- 42. \_ \_ \_ time; single file
- 44. Cuts grass
- 46. Slalom
- 47. Scout's org.
- 48. Chop
- 49. Relative
- 50. Follower
- 54. Also
- 55. Suffocate
- 57. Sincere
- 59. Breccia
- 60. Shrubs or small trees of the genus Rhus; "poison" plant
- 61. Actress Hudson
- 62. Dollops

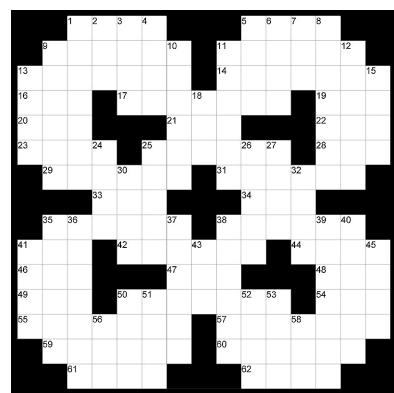
#### Down

- 1. Uppermost part of an elm
- 2. Ret. fund
- 3. \_\_\_ of passage
- 4. Days before
- 5. Atoll
- 6. American naval officer and explorer Richard
- 7. Frozen water
- 8. Native American people formerly inhabiting parts of Ohio Valley
- 9. Murder She Wrote's

Landsbury

- 10. Guarantee
- 11. To whom monies are paid; employees
- 12. Pirate Teach; "Black-beard"
- 13. RQ-4 Global Hawk and RQ-1 Predator
- 15. High-pitched barks
- 18. Dined
- 24. Ancient Semitic fertility, nature gods; Biblical false gods
- 25. Towing need
- 26. Native American people formerly inhabiting Great Plains
- 27. USAF aircrew training requirement
- 30. Goodbye, in a fashion
- 32. Measurement weight
- 35. Native peoples inhabiting North American Arctic coastal regions
- 36. Native American people formerly inhabiting U.S. Pacific Northwest
- 37. Drill again
- 38. Asserts
- 39. Native people once

inhabiting central, southern



or solutions, see Page 2

Mexico

40. Nike symbol; make a rushing sound

- 41. Queries
- 43. Donkey
- 45. Observe
- 50. A single, double, or

triple in baseball (two words)

- 51. Tennis great Sampras52. Celebrate
- 2. Celebrate
- 53. Writer Bombeck
- 56. Mil. pay during PCS
- 58. Capture a crook

## **Chapel Information**

Services and activities offered by the D-M chapel are listed below. For more information on Jewish or Muslim services; Sunday School programs; Vacation Bible School; Bible studies; youth groups; and ministries, call 228-5411.

#### Worship schedule

#### Catholic

- ◆ Saturday Mass is at 5 p.m. at Desert Dove.
- ◆ Sunday Mass is at 9:45 a.m. at Desert Dove.
- ◆ Catholic Religious Education classes are held Sunday mornings from 8:15 to 9:30 a.m. in the Desert Dove and Hope Chapels. Registration is on-going and classes are held every Sunday that is not a holiday weekend.
- ◆ Catholic youth group meets every Saturday at 6 p.m. in the Desert Dove conference room. All youth in grades nine through twelve are invited to attend.

#### **Protestant**

- ◆ Traditional service is Sunday at 8:30 a.m. at Hope Chapel.
- ◆ Desert Lightning Fellowship (contemporary) is Sunday at 11:15 a.m. at Desert Dove.
- ◆ Gospel Service is Sunday at 11:15 a.m. at Hope Chapel.
- ♦ Sunday School classes are held for all ages from 9:45 to 11:45 a.m. in both the Hope and Desert Dove Chapels.
- ◆ Children's Church is held weekly starting at 11:30 a.m. for both the Gospel and Desert Lightning services.

## **Family Support Center**

For more information on programs and services provided by the Family Suport Center, call 288-5690.

#### **Discovery Resource Center**

The Discovery Resource Center is a room with various media to support the personal and family-readiness programs and services provided in the Family Support Center. Resources include six computers with internet access and printers, a scanner, a copier and a library of career, employment, transition and relocation assistance materials. For more information call Dawn Cooper at 228-7114.

#### International adoption information

Debbie Kaiser from Commonwealth Adoptions International, Inc. will hold an open house at the Family Support Center for anyone interested in learning about international adoptions. The open house will be Nov. 9 from 10 to 2 p.m. For more information, call the FSC, or visit <a href="https://www.commonwealthadoption.org">www.commonwealthadoption.org</a>.

#### **Heart Link Spouse program**

Military spouses are invited to attend a spouse information program, which will include food, fun activities, games and giveaways. The program will be held Nov. 10 from 8 a.m. to

2:30 p.m. at the Desert Dove Chapel. Information from various organizations will be presented. Participants will meet base leadership and other D-M spouses. For reservations, contact Family Support. Free lunch and childcare are available.

#### **Education Services**

For more information on programs and services provided by the Base Training and Education Services, call Norma White at 228-4249, or Rafael Maldonado at 228-3484.

#### **Commissioning briefing changes**

Commissioning briefings will change to one briefing a month. The next Commissioning Briefing is scheduled for Nov. 15, at 2 p.m., and will cover all programs to include Officer Training School, Reserve Officer Training Corps, the United States Air Force Academy and medical commissioning programs.

#### **Academic Aptitude Test**

The next Academic Aptitude Test will be administered Nov.18 at 8 a.m. in Building 3200, Room 265. A minimum of five students must sign up to take the test or it will be cancelled.

#### Office closures

The Base Training and Education Services office will be closed Nov. 10 from 8 to 9:30 a.m. for a mandatory Commander's Call. The BTES will be closed all day Nov. 11, for Veterans' Day.

#### **Online education resources**

The Air Force Library Education Resource Center online, has added the Armed Services Vocational Aptitude Battery Center. Since the Armed Forces Qualification Test is a combination of scores from tests included in the ASVAB, the center will assist those individuals desiring to improve their ASVAB/AFQT scores. The Air Force Library Education Resource Center is located at <a href="https://www.peterswons.com/airforce/">www.peterswons.com/airforce/</a>.

#### **Online Tuition Assistance**

When applying for Tuition Assistance, a person must first enroll and register for their classes. Once this is completed the student can then apply for TA. If this procedure is not followed the TA will be disapproved.

This is a requirement of Air Force Instruction 36-2306, paragraph 5.3.

#### **Youth Center**

For more information on programs and services at the Youth Center, call 228-8484.

#### **Teen Lock-In**

There will be a Teen Lock-In Nov. 18 starting at 9 p.m. and ending Nov. 18 at 7 a.m. There will be food and prizes for youth. There is no cost for the event. The D-M Teen Keystone Club will be presenting this Lock-In.

The center is also looking for volunteers to help out. There will be two volunteer shifts, 9 p.m. and 2 a.m. Contact Kathy Sands at the Youth Center for more information.

#### **Teen Forsenic Nights**

Teen Forsenic Nights are Tuesday and Nov. 15. Teens will explore the area of forensics how it works and why fingerprints are important. Youth will solve a problem using what they learned during the program. For more information, call the Youth Center.

#### **Outdoor Recreation**

For more information on programs and services through Outdoor Recreation, call 228-3736.

#### Focus group meeting

There will be focus group meeting Nov. 14 at 5:30 p.m. in Outdoor Recreation, Building 4430, to discuss the equipment and re-design of the paintball field.

The meeting will provide an opportunity for the D-M community to voice their opinions and discuss creative ideas.

#### **Arts & Crafts Center**

For more information on programs and services at the Arts & Crafts Center, call 228-4358.

#### **Fall Bazaar**

The Arts & Crafts Center will be hosting the 2nd Annual Fall Bazaar at the Desert Oasis Enlisted Club Nov. 19.

Those interested in selling home-made crafts or being a vendor at this event please, contact the Arts & Crafts Center or call 228-4385 for more information.

#### **Auto Hobby Shop**

For more information on programs and services at the Auto Hobby Shop, call 228-3614.

#### **Welding classes**

The Auto Skills Center is now taking sign ups for beginner a welding class Nov. 19 from 8 a.m. to noon. Students will learn the proper use of equipment, safety procedures and other basic welding techniques. Those completing the session are certified to use Auto Skills Center welding equipment. Cost is \$30 per student. For more information call the Auto Hobby Shop.

## **Movies**

# Today Flightplan (PG-13) 7 p.m. Saturday The Exorcism of Emily Rose (PG-13) 7 p.m. Sunday Tim Burton's Corpse Bride (PG) (All admission \$1.50)

Regular admission is \$3 for adults and \$1.50 for children 11 and younger.
Call 228-5694 for the theater movie recording.

# Dropping weight

# Weight loss challenge wraps-up four months of hard work, determination

By Staff Sgt. Jennifer "Red" Allen

355th Equipment Maintenance Squadron

I guess you could say it all started when the Air Force went to the new fitness standard. I was scared. I barely made the 13 minute, 25 second, mile-and-a-half run in basic training. Yes, I'm old school — we ran in flights and if you fell out you had a military training instructor in your face until you crossed the finish line. I knew if I was going to stay in, I had to run.

When I got to Davis-Monthan a year ago, I was told my gym time was at lunch. I don't know about you, but my first impression was hell would freeze over before I'd run outside in June in the afternoon. Some of my co-workers told me to go to the morning fitness boot camp class. They said the class was run by Cesar Vinueza, 355th Aerospace Medical Squadron. I asked them about Mr. V's class was and they told me it helps people get ready for the fitness test. I figured it was perfect — a class to help me with the fitness standard and not bake my butt in the sun; what could be better?

Monday came at 6:00 a.m.; all too early to meet up with my coworkers for the class. I met the infamous Mr. V and had an eye-opening hour workout

It was plain to see I had a long road ahead of me and the road (Mr. V) would kicked my butt from day one. I could hardly move Tuesday but I was a good troop and showed up Wednesday at 6:00 a.m. ready for the next stretch of road.

When I started my journey, my fitness test score was 35. I ran the mile and a half in 19 minutes. I could only do 25 sit-ups and 30 push ups and as for my waistline well let's just say it wasn't flattering. I stayed true to Mr. V's boot camp class and became a regular. I met new people and made new friends. I started to feel a little more at home at my new base.

Time began to fly by and my fitness score was ever so slowly creeping up. I was able to run more easily and do more push ups and sit-ups but my waistline was still not flattering. I had been getting on the scale at least once a week and noticed my weight never changed ... ever! I was busting my butt in class three times a week to simply maintain my fat gut.

Promotions were released and yes you guessed; I had a brand-new motivation behind me. By this time Mr. V had announced he was going to have a Fitness Weight Loss Challenge. The challenge would separate contestants into groups and whichever group lost the most weight won.

With my new motivation I did the only thing a good NCO would do ... I cheated and got a head start! Mr. V had told us we could go to the Health and Wellness Center for nutrition counseling.

When Mr. V started the Fitness Weight Loss Challenge I couldn't believe how many people showed up. There had be over a hundred people crammed into the gym. The regulars and I just smirked and said, "Just wait and see what you've gotten yourselves into."

Soon after I noticed only the tough would survive. I started to make more friends and enjoyed helping people at the class.

By the time the challenge was half over, Mr. V had already been bragging about how we kept blowing him away with our improvement. He had to start coming up with tougher routines to keep challenging us. He even sent out motivational e-mails every day to keep us inspired. I think we formed a boot camp family. It was really great to see everybody cheering each other on to do their best.

I had brought my fitness score up to 60.5 just before the challenge started, still short of what I needed to pass. My line number was driving me to blow the test away. I watched what I ate, lifted weights, went to the boot camp class and walked my dog every night for two-and-a-half miles. I had all my support systems in place.

On a Thursday afternoon in September I was told I was scheduled to take the fitness test the following Monday.

My nerves were shot and the butterflies in my

stomach could not be caught. My new boot camp friend Amy Weton offered to pace run the test with me. I had never had so much support from anyone like that before. I gladly accepted her offer and I thank God everyday I did. With Amy's motivation I ran my mile and a half in 14:45. I shed a tear when it was over and we ran to the gym to review the scores posted in the hallway.

When I saw I had scored a 77.25, I cried.

Between my Weight Watchers support group and Mr. V. and my boot camp family I lost 25 pounds and two inches off my waist. They also helped me take my fitness test score from 35 to 77.25! I feel like a new me! It feels great that none of my pants, shorts or skirts fit me. My confidence has shot up and now I strut around in my "skinny-girl jeans" and my "too cute tiny tops."

To anyone who says Mr. V's Morning Boot Camp Class is too hard: if I can do it, you can do it.

I challenge you to be there at 6 a.m.; my boot camp family and I will be waiting for you.

#### Weight Loss Challenge results

Congratulations to the following teams for completing the Weight Loss Challenge after three months.

The following percentages are based on the starting weight of the competitors left as of Monday's final weigh-in.

| <u>Team name</u> | <u>Percentage lost</u> |
|------------------|------------------------|
| Scale Busters    | 4.2                    |
| Victory          | 2.6                    |
| Lightning Bolt   | 1.7                    |
| Dignity          | 1.6                    |
| Fantastics       | 1.3                    |
| Endurance        | .95                    |
| Perseverance     | .62                    |
| Vipers           | .52                    |
|                  |                        |

## **Sports Shorts**

#### **Turkey Trot 5K run**

The D-M Fitness and Sports Center is hosting a Turkey Trot 5K fun run Nov. 18. The event is open to anyone wanting to run 3.2 miles. Registration starts at 6:45 a.m. at Sunglow Road.

There will be a drawing for free turkeys after the race. For more information, call 228-0022.

#### Ladies golf league

The Davis-Monthan ladies golf league is looking for new participants to play golf for two hours every Wednesday morning.

Players of all skill levels are wel-

come to join the group. The membership fee is \$50, which enrolls participants in the Arizona Women's Golf Association for a Golf Handicap Information Network handicap. The group holds mixers, club championship and Com-mander's Cup competitions.

They also offer invitations to other clubs in the areas. For more information, contact Mary Pat Sullivan at 749-4812 or Maralee Wetzel at 790-8377.

#### Fit factor

The D-M Youth Center will launch Fit Factor Tuesday. Fit Factor internet registrations will take place from 5:30 to 6:30 p.m. at the Youth Center.

Fit Factor is a new Air Force

Services youth-fitness initiative that encourages physical activity, healthy-eating selections and rewards youth between the ages of 9 to 18 years for their efforts. Fit Factor will stimulate interest and awareness of the importance of healthy lifestyle choices and encourage youth to Get Up, Get Out and Got Fit!

The goal of the Fit Factor program is to encourage healthy choices and teach youth to value their lives. Being healthy and fit will put youth in touch with their bodies, increase their self esteem and help them establish the desire to set personal goals.

For more information on the program, call the Youth Center at 288-8844.

#### **Link Up 2 Golf**

The Blanchard Golf Course offers Link Up 2 Golf, a player development initiative that provides participants with a solid foundation about the game of golf, including swing mechanics, etiquette, terminology, proper behavior, and how to maintain speed of play.

For \$99, participants receive eight hours of small group instruction and a variety of on-course playing experiences.

A free orientation preceding the clinic that allows participants to learn more about the program, get a tour of their host facility and meet other participants. Rental clubs and range balls will be free during the clinic for participants. For more information, call 228-3734.

# **Intramurals**

#### Flag football

The following are the scores from the intramural flag football games during the week of Oct. 17.

For more information and the intramural flag football schedule, call the D-M Fitness and Sports Center at 228-0022.

| Oct. 24                   |                            |  |  |  |
|---------------------------|----------------------------|--|--|--|
| <u>Team</u>               | $\underline{\text{Score}}$ |  |  |  |
| CES vs. 12th AF           | 0-6                        |  |  |  |
| CMS vs. CS/AMARC          | 14-6                       |  |  |  |
| 355th OSS vs. 79th RQS(F) | 6-0                        |  |  |  |
| 755th OSS vs. 355th AMXS2 | (F) 6-0                    |  |  |  |
| Oct. 25                   |                            |  |  |  |
| 79th AMU vs. SVS          | 21-22                      |  |  |  |
| MDOS vs. ARMY             | 0-27                       |  |  |  |
| 55th HMU vs. 755th AMXS   | 0-20                       |  |  |  |
| 355th AMXS vs. EMS $2$    | 34-0                       |  |  |  |
| Oct. 26                   |                            |  |  |  |
| EMS 1 vs. 12th AF         | 15-0                       |  |  |  |
| CMS vs. SFS               | 0-6                        |  |  |  |
| Oct. 27                   |                            |  |  |  |
| 55th HMU vs. LRS          | 6-7                        |  |  |  |
| MOS vs. ARMY              | 19-18                      |  |  |  |
| DECA vs. SVS              | 14-16                      |  |  |  |
| 355th AMXS vs. 79th AMU   | 25-7                       |  |  |  |

#### **Intramural Bowling**

The following are the rankings in the from the week of Oct. 24. For more information on intramural bowling, call the Bowling Center at 228-3461.

| <u>Team</u>             | $\underline{\mathbf{W}}$ | $\underline{\mathrm{L}}$ |  |
|-------------------------|--------------------------|--------------------------|--|
| LRS                     | 54                       | 18                       |  |
| SVS #2                  | 50                       | 22                       |  |
| AMARC #1                | 46                       | 26                       |  |
| MDG                     | 44                       | 28                       |  |
| 755th OSS               | 44                       | 28                       |  |
| CES                     | 42                       | 30                       |  |
| CMS                     | 42                       | 30                       |  |
| SVS #1                  | 38                       | 34                       |  |
| 25 OWS #1               | 38                       | 34                       |  |
| COMM                    | 38                       | 34                       |  |
| AMXS #2                 | 38                       | 34                       |  |
| CPTS                    | 36                       | 36                       |  |
| AMARC #2                | 34                       | 38                       |  |
| 12AF/ACOMS              | 32                       | 40                       |  |
| 563rd MXS               | 28                       | 44                       |  |
| AMXS #1                 | 28                       | 44                       |  |
| 25 OWS #2               | 14                       | 58                       |  |
| <b>High Score Game:</b> |                          |                          |  |
| AMARC #1: 1016          |                          |                          |  |
| Dominic Kirsch: 278     |                          |                          |  |

Dominic Kirsch: 278 Jamie Beecroft 243

**High Series**:

AMARC #1: 2940 Bill Anderson: 688 Jamie Beecroft: 611

# Base leaders tee-off with DM 50 members

The DM 50 held a golf tournament at the Blanchard Golf Course Oct. 28. The following are the results of the Commander's Tournament:

#### First place

Carl Stinson, John Kerns, John Pitrowski and Kacey Root.

#### **Second place**

Mark Baird, Rudy Salazar, Derek Kelly and Justin Jorden.

#### Third place

Tom Murphy, Joe Mooney, Steve Fell and Darryl Jones.

Ron Sable, a DM 50 member, watches his putt on the hole 15 during the tournament. Mr. Sable was teamed with Col. Mike Spencer, 355th Wing commander, Chief Master Sgt. Chuck Talley, 355th Wing command chief and Terry Wilks, Blanchard Golf Course.



Nov. 4, 2005 Desert Airman 21



Nov. 4, 2005 Desert Airman 23